

# WAIVER, RELEASE AND CONSENT TO TATTOO

**-PLEASE READ AND BE CERTAIN YOU UNDERSTAND THE IMPLICATION OF SIGNING-**

PLEASE INITIAL EACH PROVISION ON THE LINES PROVIDED AFTER READING TO SHOW THAT YOU UNDERSTAND EACH PROVISION

**IN CONSIDERATION OF RECEIVING A TATTOO FROM (ARTIST) \_\_\_\_\_, AT STRATA TATTOO LAB (TOGETHER WITH ITS CONTRACTORS, APPRENTICES AND AGENTS, AT "STRATA TATTOO LAB"), I AGREE TO THE FOLLOWING**

That I, \_\_\_\_\_, (Clearly **PRINT** Your Name) have been fully informed of the inherent risks, associated with getting a tattoo. I fully understand that these risks, known and unknown can lead to injury, including but not limited to infection, scarring, difficulties in detecting melanoma and allergic reactions from tattoo pigment, latex gloves, and/or soap. Having been informed of the potential risks associated with getting a tattoo, I still wish to proceed with the tattoo application and freely accept and expressly assume any and all risks that may arise from tattooing.

\_\_\_\_\_, TO WAIVE AND RELEASE to the fullest extent permitted by law each of the Artist and Strata Tattoo Lab from all liability whatsoever, for any and all claims, or cause of action that I, my estate, heirs, executors, or assigns may have for personal injury or otherwise, including any direct and/or consequential damages, which result or arise from the application of my tattoo, whether caused by the negligence or fault of either the Artist or Strata Tattoo Lab, or otherwise.

\_\_\_\_\_, That both the Artist and Strata Tattoo Lab have given me full opportunity to ask any and all questions about the application of my tattoo and all of my questions have been answered to my total satisfaction.

\_\_\_\_\_, The Artist and Strata Tattoo Lab have given me instructions on the care of my tattoo while it's healing, and I understand them and will follow them. I acknowledge that it is possible that the tattoo can become infected, partially if I do not follow the instructions given to me. If any touch-up work to the tattoo is needed due to my own negligence, I agree that the work will be done at my own expense.

\_\_\_\_\_, I am not under the influence of alcohol or drugs, and I am voluntarily submitting to be tattooed by the Artist without duress or coercion.

\_\_\_\_\_, I do not have diabetes, epilepsy, hemophilia, a heart condition, nor do I take blood thinning medication. I do not have any other medical or skin condition that may interfere with the application or healing of the tattoo. I am not the recipient of an organ or bone marrow transplant or; if I am, I have taken the prescribed preventive regimen of anti-biotic that is required by my doctor in advance of any invasive procedure such as tattooing. I am not pregnant or nursing. I do not have a mental impairment that may affect my judgments in getting the tattoo. If I have diabetes, epilepsy, hepatitis, hemophilia, HIV-AIDS, or any other communicable disease, heart condition or take any medicine which thins the blood I have advised my Tattoo Artist.

\_\_\_\_\_, Neither the Artist and Strata Tattoo Lab is responsible for the meaning or spelling of the symbol or text that I have provided to them.

\_\_\_\_\_, Variations in color and design may exist between the tattoo art I have selected and the actual tattoo will fade due to unprotected exposure to the sun and naturally occurring dispersion of pigment under the skin.

\_\_\_\_\_, I do not have medical or skin conditions such as but not limited to; ache, scarring (Keloid), eczema, Psoriasis, freckles, moles, or sunburn in the area to be tattooed that may interfere with said tattoo. If I have any type of infection or rash anywhere on my body, I will advise my Tattoo Artist.

\_\_\_\_\_, I acknowledge it is not reasonably possible for the representatives and employees of this tattoo shop to determine whether I might have an allergic reaction to the pigments or process used in my tattoo, and agree to accept the risk that such a reaction is possible.

\_\_\_\_\_, A tattoo is a permanent change to my appearance and can only be removed by laser or surgical means, which can be disfiguring and/or costly which in all likelihood will not result in the restoration of my skin to its exact appearance before being tattooed.

\_\_\_\_\_, I release all rights to any photographs taken of me and the tattoo and give consent in advance to their reproduction in print or electronic form. *(If you do not initial this provision, please advise and remind your Artist and Strata Tattoo Lab NOT to take any pictures of you and your completed tattoo!)*

\_\_\_\_\_, I agree to reimburse the Artist and Strata Tattoo Lab for any attorney's fees and costs incurred in any legal action I bring against either the Artist and/or Strata Tattoo Lab and in which the Artist and Strata Tattoo Lab is the prevailing party. I agree that the courts of California in San Bernardino County shall have personal jurisdiction and venue over me and shall have exclusive jurisdiction for the purpose of litigating any dispute arising out of or related to this agreement.

\_\_\_\_\_, I acknowledge that I have been given adequate opportunity to read and understand this document, that it was not presented to me last minute, I understand that I am signing a legal contract waiving certain rights to recover against the Artist and Strata Tattoo Lab.

\_\_\_\_\_, I acknowledge that infection is always possible as a result of the obtaining of a tattoo, particularly in the event that I do not take proper care of my tattoo. I have received aftercare instructions and I agree to follow them while my tattoo is healing. I agree that any touch-up work needed, due to my own negligence, will be done at my own expense.

\_\_\_\_\_, I realize that variations in color and design may exist between any tattoo(s) as by selected by me and as ultimately applied to my body. I understand that if my skin color is dark, the colors will not appear as bright as they do on light skin.

\_\_\_\_\_, I understand that if I have any skin treatments, laser hair removal, plastic surgery or other skin altering procedures, it may result in adverse changes to my tattoo.

\_\_\_\_\_, I acknowledge that a tattoo is a permanent change to my appearance and that no representations have been made to me as to the ability to later change or remove my tattoo. To my knowledge, I do not have a physical, mental or medical impairment or disability which might affect my well being as a direct or indirect result of my decision to have a tattoo.

\_\_\_\_\_, I acknowledge I am over the age of eighteen and that I have truthfully represented to my Tattoo Artist that the obtaining of a tattoo is by my choice alone. I consent to the application of the tattoo and to any actions or conduct of the representatives and employees of the tattoo shop reasonably necessary to perform the tattoo procedure. If any provision, section, subsection, clause or phrase of this release is found to be unenforceable or invalid, that portion shall be severed from this contract. The remainder of this contract will then be construed as through the unenforceable portion had never been contained in this document.

\_\_\_\_\_, I acknowledge that tattoo inks, dyes and pigments have not been approved by the Federal Food and Drug Administration and the health consequences of using these products are unknown.

\_\_\_\_\_, Attached is a copy of my State Issued I.D. proving my name and date of birth.

I hereby declare that I am of legal age (and have provided a valid proof of age) and am competent to sign the Agreement or, if not, that my parent or legal guardian will sign on my behalf, and that my parent or legal guardian is in complete understanding and concurrence with this agreement.

**I HAVE READ THIS AGREEMENT, I UNDERSTAND IT, AND I AGREE TO BE BOUND BY IT.**

Print Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Tattoo Location (procedure site) on body: \_\_\_\_\_

\*Tattoo Design Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**\*\*\*\*\*To Be Filled Out By Practitioner\*\*\*\*\***

\*Tube/Grip Batch #: \_\_\_\_\_

\*Needle Lot #: \_\_\_\_\_

\*Practitioner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**CONSENT TO TATTOO PROCEDURE**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ LICENSE #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

I acknowledge that by signing this agreement that I have been given the full opportunity to ask any and all questions which I might have about the obtaining of a tattoo and that all of my questions have been answered to my full satisfaction. I specifically acknowledge I have been advised of the facts and matters set forth below and I agree as follows:

1. If I have any condition that might affect the healing of this tattoo, I will advise my Artist. I am not pregnant or nursing. I am not under the influence of alcohol or drugs.
2. I do not have medical or skin conditions such as, but not limited to: acne, scarring (keloid), eczema, psoriasis, freckles, moles, or sunburn in the area to be tattooed that may interfere with said tattoo. If I have any type of infection or rash ANYWHERE on my body, I will advise my Artist.
3. I acknowledge it is not reasonably possible for the representative and employees of Strata Tattoo Lab to determine whether I might have an allergic reaction to the pigments or process used in my tattoo, and I agree to accept the risk that such a reaction is possible.
4. I acknowledge that infection is always possible as the result of obtaining a tattoo, particularly in the event that I do not take proper care of my tattoo. I have received aftercare instructions and I agree to follow them while my tattoo is healing. I agree that any touch-up work needed, due to my own negligence, will be done at my own expense.
5. I realize that variations in color and design may exist between any tattoo(s) as selected by me and as ultimately applied to my body. I understand that if my skin is dark, the colors will not appear as bright as they do on light skin.
6. I understand that if I have any skin treatments, laser hair removal, plastic surgery, or other skin altering procedures, it may result in adverse changes to my tattoo.
7. I acknowledge that a tattoo is a permanent change to my appearance and that no representations have been made to me as to the ability to later change or remove my tattoo. To my knowledge, I do not have a physical, mental or medical impairment or disability which might affect my well being as a direct or indirect result of my decision to have a tattoo.
8. I acknowledge that I am over the age of eighteen and that I have truthfully represented to my Artist that the obtaining of a tattoo is by my choice alone. I consent to the application of the tattoo and to any actions or conduct of the representatives and employees of the tattoo shop reasonably necessary to perform the tattoo procedure.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Artist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## MEDICAL HISTORY QUESTIONNAIRE

All questionnaire responses are considered **CONFIDENTIAL** information. Strata Tattoo Lab shall maintain the privacy of the information and shall not sell, share, or transfer the information. We comply with all County, State, and Federal laws with respect to the protection of a client's personally identifiable information, and shall be subject to existing penalties for violation of applicable laws.

Please check ALL that apply to you, then explain below:

- |  |  |
|--|--|
| <input type="checkbox"/> Pregnant  | <b>Skin Conditions:</b>  |
| <input type="checkbox"/> Nursing   | <input type="checkbox"/> Acne  |
| <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Scarring (Keloid)   |
| <input type="checkbox"/> Epilepsy  | <input type="checkbox"/> Eczema  |
| <input type="checkbox"/> Hemophilia  | <input type="checkbox"/> Psoriasis   |
| <input type="checkbox"/> Heart Condition(s)  | <input type="checkbox"/> Freckles  |
| <input type="checkbox"/> Allergic reactions (i.e. to latex, nuts, other)   | <input type="checkbox"/> Moles   |
| <input type="checkbox"/> Cardiac Valve Disease   | <input type="checkbox"/> Sunburn   |
| <input type="checkbox"/> Hepatitis   | <input type="checkbox"/> Skin Treatments (laser hair removal, plastic surgery, skin altering procedures) |
| <input type="checkbox"/> AIDS  | <input type="checkbox"/> Other Skin Conditions   |
| <input type="checkbox"/> HIV   | <input type="checkbox"/> Allergies to antibiotics  |
| <input type="checkbox"/> Herpes or other STDs (at procedure site)  |  |
| <input type="checkbox"/> Other (bleeding disorders or blood borne pathogens)   |  |
| <input type="checkbox"/> History of medication use, or currently using medications / prescribed antibiotics prior to dental or surgical procedures |  |

Explanation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## TATTOO PROCEDURE – FROM BEGINNING TO END

*When deciding to get a tattoo, it is important to understand how the procedure works in its entirety!*

After you have chosen a design for your tattoo, then when the artist finishes drawing it and making the stencil (SINGLE USE ONLY!), the area (booth or station), in which the artist will complete the tattoo, needs to be set up.

First the artist (or person setting up) will sanitize their hands, and put on single use latex or nitrile gloves. They will then sanitize the work space with Madacide and HB Sani-Cloths which is an antiseptic solution approved by the EPA for decontaminating work spaces. Next they will remove their gloves, re-sanitize hands, get new gloves, and proceed to set up. The counter and/or mayo trays will be covered with single use dental bibs and labeled squeeze bottles filled with isopropyl alcohol, diluted green soap/distilled water, and witch hazel will be covered with plastic bags. A single use razor will be placed out, to remove hair from the procedure area (later, after use, it will be discarded in an OSHA approved bio-hazard sharps container.) Single use ink caps are then placed on the tray, to later be filled with ink, and then discarded when the procedure is finished. A cup of distilled water will also be used, to wash out ink between color changes. Vitamin A&D Ointment will also be there to help lubricate the skin during the procedure. All needles are pre sterilized, single use only, and disposed of in an OSHA approved bio-hazard sharps container. The artist will wear a disposable apron, or lap cloth during the procedure as well.

Next the skin is prepped; first, the skin will be cleaned with isopropyl alcohol, then cleaned and lather up with “Green Soap” (anti-bacterial soap), distilled water and then shaved. The stencil is then placed on the moistened skin, removed and allowed to dry for several minutes. **This is your final chance to approve of the location and angle of your tattoo.**

The artist will then begin the tattoo.

A tattoo is a puncture wound, made deep in your skin, which is filled with ink. It is made by penetrating your skin with a needle and injecting ink into the area, usually creating some sort of design. What makes tattoos so long lasting is they are so deep. The ink is not injected into the **epidermis** (the top layer of skin that your continue to produce and shed throughout your lifetime) instead, the ink is injected into the **dermis** (the second, deeper layer of skin. Dermis cells are very stable, so the tattoo is practically permanent.

While the tattoo is taking place, the artist will lubricate the skin with A&D Ointment, and wash it with disposable paper towels and the green soap wash.

Once your tattoo is complete, the artist may do a final wash with witch hazel, which helps close the pores and remove redness/irritation. The tattoo is then bandaged while verbal aftercare instructions are given, along with the written copy, attached to this form, to take home with you.

The artist will remove their gloves, sanitize their hands and proceed to clean their station. New gloves are put on, all paper and plastic waste is discarded into the trash and all needles and razors are discarded into the OSHA bio-hazard sharps container. Tubes are put into “tube trays” which are filled with water and Madacide and used to store “used tubes” until they are re-cleaned and sterilized later that night (just like hospital, dental and medical offices).

The entire work space, all counters, trays, artist/client chairs and floors are then cleaned with Madacide and Sani-Cloths.

Our sterilization process consists of cleaning all reusable tools (**NO NEEDLES!!**) first in an ultra-sonic with Aloconox, then scrubbing, then bagging in individual sterilization pouches. Those pouches are numbered, initialed and dated by the person cleaning the tools. All the batch info is written down in an autoclave log. The tools are then sterilized in a Harvey Chemiclave (what is generally used in most dental/doctor offices) for 60 minutes at 30 PSI, they are then cooled, removed and stored in clean, covered drawers. Chemiclave spore tests are done regularly to prove it to be in working order, all records are available upon request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## POST-TATTOO PROCEDURE & WHAT TO EXPECT

Now that the exciting part of getting a tattoo is over, there are a few things that you should be educated about when it comes to the post procedure. New tattoos are susceptible to bacteria and if the wrong kind of bacteria gets into your skin it could lead to infection. Make sure your hands are always clean prior to touching/washing your tattoo. Do not rub/clean your tattoo with a towel, or loofah. Only use your hands, hot water and anti-bacterial soap. After you are done cleaning it or getting out of the shower, pat it dry with a clean paper towel or let it air dry.

Also, your tattoo will be sore and may seep plasma and small amounts of ink and blood for a few days. This is normal. It will then develop a scab, which will eventually fall off, leaving a milky white substance over the epidermis. This is referred to as the "Milk Scab" and will peel off like a sunburn, this process will make you itch, as it is healing. No matter what you do, do not scratch your new tattoo. You need to make sure that your tattoo's scab falls off on its own. Also when you are taking a shower it is common for your tattoo to sting really bad when the water hits it. Just try to keep your new tattoo out of the water other than directly washing it. No baths, Jacuzzis, or lakes. Furthermore, it is also common for your tattoo to hurt when pressure is put on the surrounding area. For example; if you get a tattoo on your shoulder blade and you lean back in a chair/couch be prepared for it to hurt (be aware of areas you come in contact with, if your new tattoo contacts a chair/couch harboring bacteria, it may become infected!) Signs of normal healing process include, but are not limited to; a little bit of redness, itching, peeling, scabbing, and light swelling. Lastly, try to wear clothing that will not rub against it, it will help the tattoo to heal better and it will help with your comfort level. Stay away from any activities that may hinder the healing process, such as recreational water activities, gardening, contact with animals or cleaning cages, sun bathing, mud wrestling, etc.

**Remember your tattoo is an OPEN WOUND and can become infected!** Clean clothes, sheets, pillow cases (free from dirt and animal hair/dander) are important! Be aware of what your tattoo is touching at all times! Germs and bacteria are everywhere; you can even get an infection from contact with a hotel bath towel, or brushing up against a wall. Consider what you do for a living – Will you need to cover your tattoo? Grease, oil and drywall amongst many other things have been known to cause infections. If you think you have an infection, consult your artist or a physician. Signs and symptoms of infection include, but are not limited to; redness, swelling (normal for the first week or so), tenderness of the tattoo, red streaks going from the tattoo towards your heart, elevated body temperature, puss or purulent drainage. **Once again, if you experience any of these symptoms, you should seek medical attention.**

***\*I have read the above post-procedure description as well as received verbal and written after care instructions.***

Signature: \_\_\_\_\_ Date: \_\_\_\_\_







## CONGRATULATIONS!

You have just received a stellar tattoo!

There are just a few guidelines to keeping your artwork looking so stellar.

- Only leave your bandage on as long as your artist instructs you.
  - **Remove the bandage-** Wash the tattoo thoroughly with a **non-scented anti-bacterial soap**, such as Dial or Soft soap, and warm (not hot) water. This removes all of the excess ointment and blood.
  - Allow the tattoo **24 hours to dry out**. Do not put ANYTHING on it.
  - After the 24 hour period is up, do the following each day, until the tattoo is completely healed. Let it sit under as hot as water as you can stand for no longer than 30 seconds. During this time, you will want to wash it with the anti-bacterial soap. (Do this twice daily, in the morning and night.)
  - Apply **fragrance free** lotion 1-2 times daily in small amounts. We recommend Curel, Aveeno, or LubriDerm. Wait 3-4 days to heal before starting the lotion process!
- Good healing is key!** It is recommended to take vitamin E and C for the general wellness of your skin. Also drink plenty of water!!!
- For the first few days your **tattoo may leak** a bit of blood, plasma, and ink. When the oozing stops, scabs may appear.
  - Once the scabs disappear, a thin layer of skin will form and flake off like a sunburn. This is normal, however, it can be slightly irritating. **DO NOT pick or scratch at it!**
  - DO NOT soak in water!** Stay away from soaking/ submerging in baths, pools, jacuzzis, etc. They can harbor bacteria which can cause a number of infections. Also animal hair, dander, soil (**NO GARDENING!**), etc. can cause infections in fresh tattoos.
  - Keep the heat turned down in the shower!** The steam from the hot water can soften the scabs and cause them to flake off too early. If your tattoo scabs seem oozy and gooey, get it out of there!!!
  - DO NOT re-bandage the tattoo-** it needs the open air to breathe, however it is best to keep the new artwork out of the sunlight. Wear loose, CLEAN, cotton clothing over the tattoo during the healing process. If your tattoo is located on your foot or ankle, keep shoes and socks away from the area. **LADIES-** If your tattoo is located on your shoulder, please keep your bra straps AWAY from the area (i.e. don't wear a bra, or wear a strapless). Any rubbing can cause the scabs to fall off prematurely resulting in color loss.
  - Remember: This artwork is on you for LIFE**, so protect your investment! It is your responsibility to follow these instructions and any given to you by the artist. Any deviation can lead to color loss, infection, and/or poor healing.

If you have **ANY** questions regarding your tattoo, call the shop or drop by.

Thanks!

**Strata Tattoo Lab (760) 369-8288**  
**Open : Tues.-Thurs. 12PM to 10PM**  
**Fri.-Sat. 12PM to 12AM**  
**Closed : Sunday & Monday**